



ÅSNEN
NATIONAL PARK
*INLAND ARCHIPELAGO
AND OLD-GROWTH
FOREST*



Black
wood-
pecker



You will find silence
here – or maybe not ...
Nature has so many sounds.
The waves and the wind.
The old trees that creak.
Songs from so many different
birds – all year round.
When dusk falls, take your
chance to see the stars.
Far from the city's
lights.



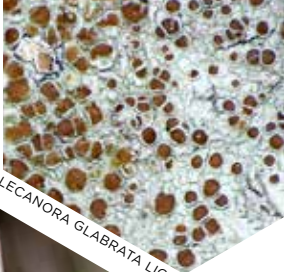
Tineid moth



Large black
longhorn beetle



WHITE WATER LILIES



LECANORA GLABRATA LICHENS



FOUR-SPOTTED DRAGONFLY

BIRDS, FISH AND EVERYTHING IN-BETWEEN

The National Park is part of the large lake Åsnen and its surroundings.

There is a wide variety of nature environments here. The forests change from lush deciduous forest to lean pine forest. There are many different types of wetlands and beaches to be found here. There is also a mire with small lakes. In the heart of the park, one finds the large islands, each of which can provide a full-day experience.

Åsnen has something to offer in every season. Bird-watch, paddling, observe the lichens and mushrooms, go skating along the beach or ski on snow-covered ice.

We look forward to seeing you here!

HABITATS AND SPECIES

Within the National Park, there are more than 100 different types of plants and animals that are protected by law or designated as endangered in Sweden. Among these are lichens, fungi, insects and birds. Examples are pink *Bacidia* fungi, hedgehog mushroom, large black longhorn beetle and the lesser spotted woodpecker.



BROAD-LEAVED DECIDUOUS FOREST

There is a variety of lichens, fungi and mosses to explore. Old trees and dead wood provides food and shelter for insects and birds. In the autumn, you can see the coral tooth fungus.



MIXED FOREST

On many islands and peninsulas, one finds mixed forests of deciduous and coniferous trees. Pines that can withstand strong winds are important as nesting trees for birds. Oaks, willows and alder can be found in clearings and along the water.



MIRE

In the southern part, one finds the Toftåsa mire surrounded by an old pine forest and mixed forests. Marsh labrador tea, cloudberries and linnaea grow here. In the spring the black grouse can be heard.



THE NATIONAL PARK IN BRIEF

- AREA: 1 868 hectares
- INAUGURAL YEAR: 2018
- NEAREST TOWNS: Växjö, Alvesta, Tingsryd
- COUNTY: Kronoberg
- LANDSCAPE: Småland
- HABITATS: Lake, deciduous forest, mixed forest, mire

BERGÖN ISLAND

An old farm on a large island in the middle of the National Park. Rest in the farm environment and imagine what it was like to live and work on the island or take a hike in the hilly old-growth forest. Dry toilet.



BOULDER RIDGE

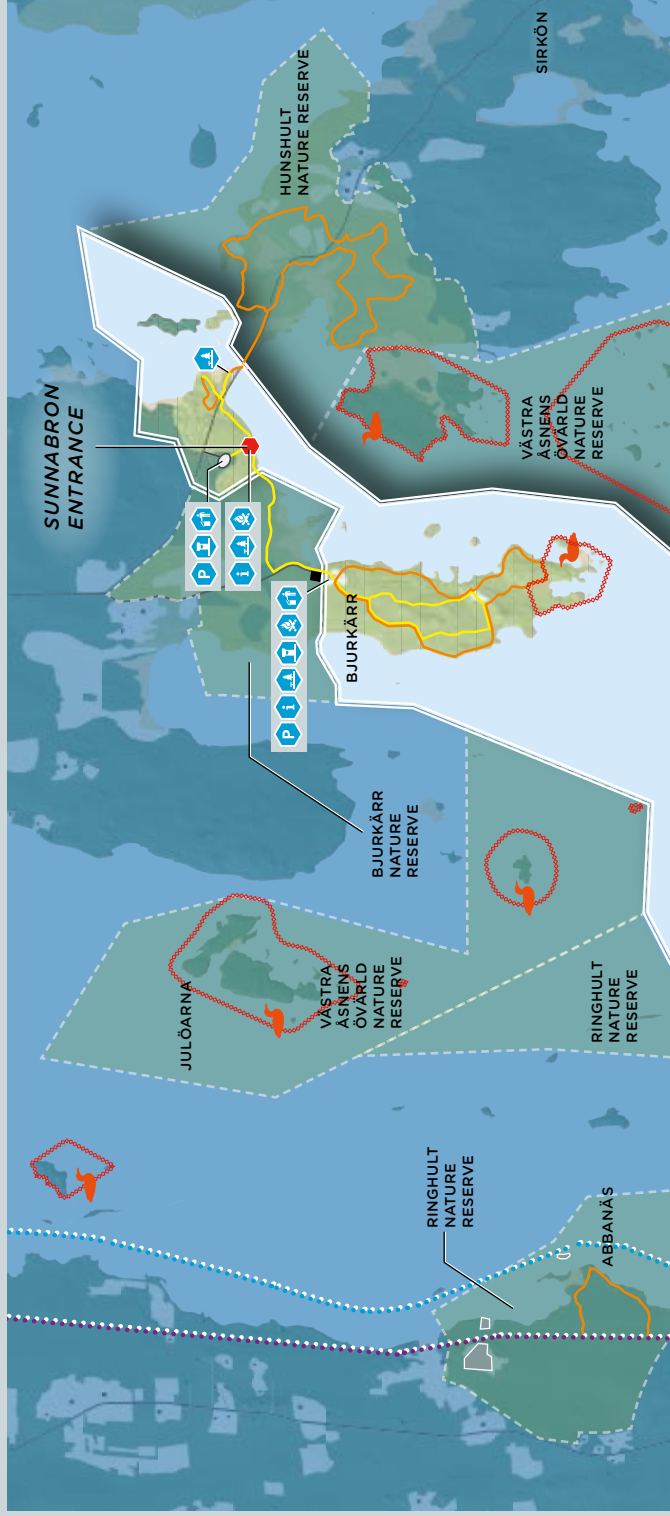
The Boulder Ridge extends through the area. The long, narrow Ulvöås peninsula is part of the ridge. Further south, the ridge hill goes to the edge of Toftåsa marsh. Where formerly there was a railway track, today one finds a cycling path.

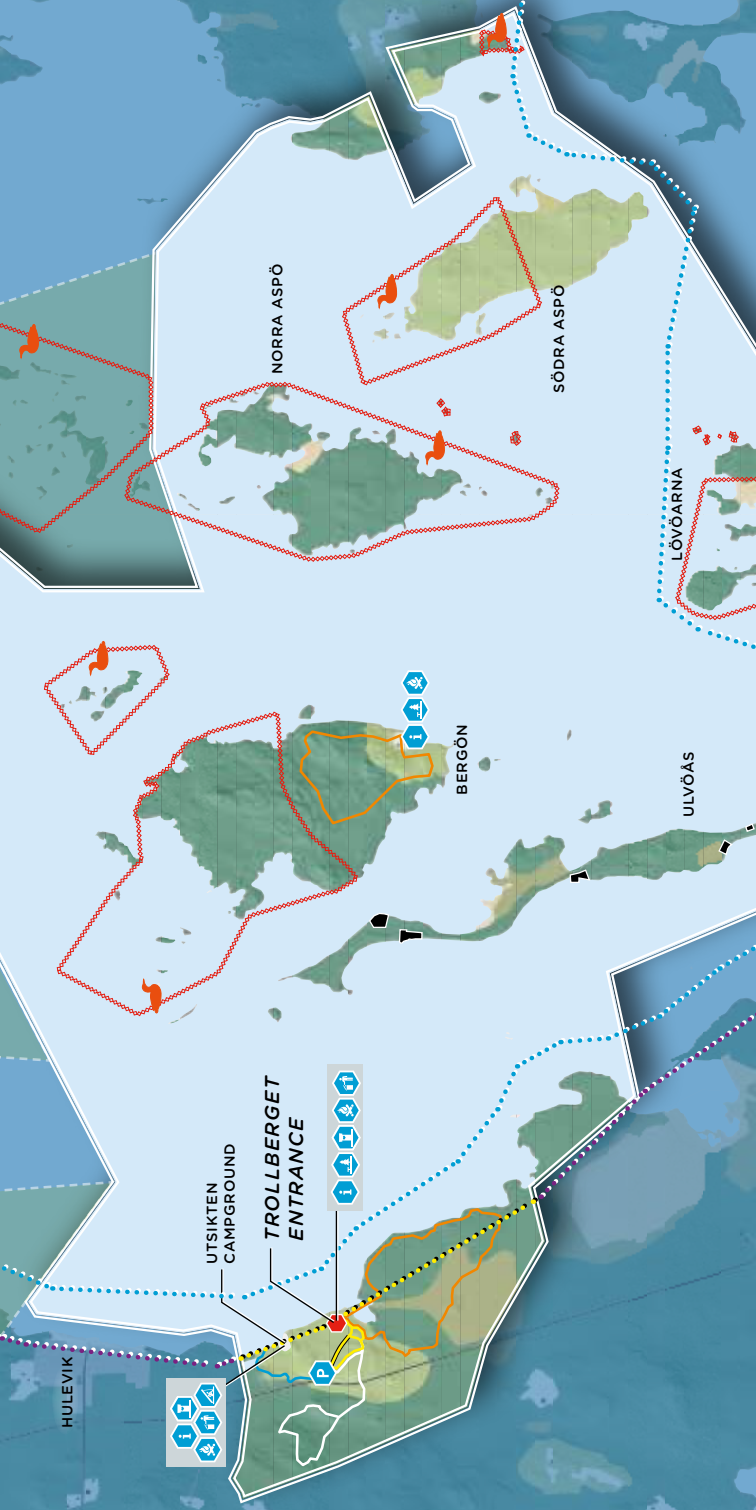


LAKE

Åsnen is a large and shallow lake. One finds here sandy beaches, pebble beaches and calm water lily coves. There are 20 different species of fish in the lake. To the south there are the small lakes Svartsjön and Toftagöl.







HULEVIK

UTSIKTEN
CAMPGROUND

TROLLBERGET
ENTRANCE



BERGÖN

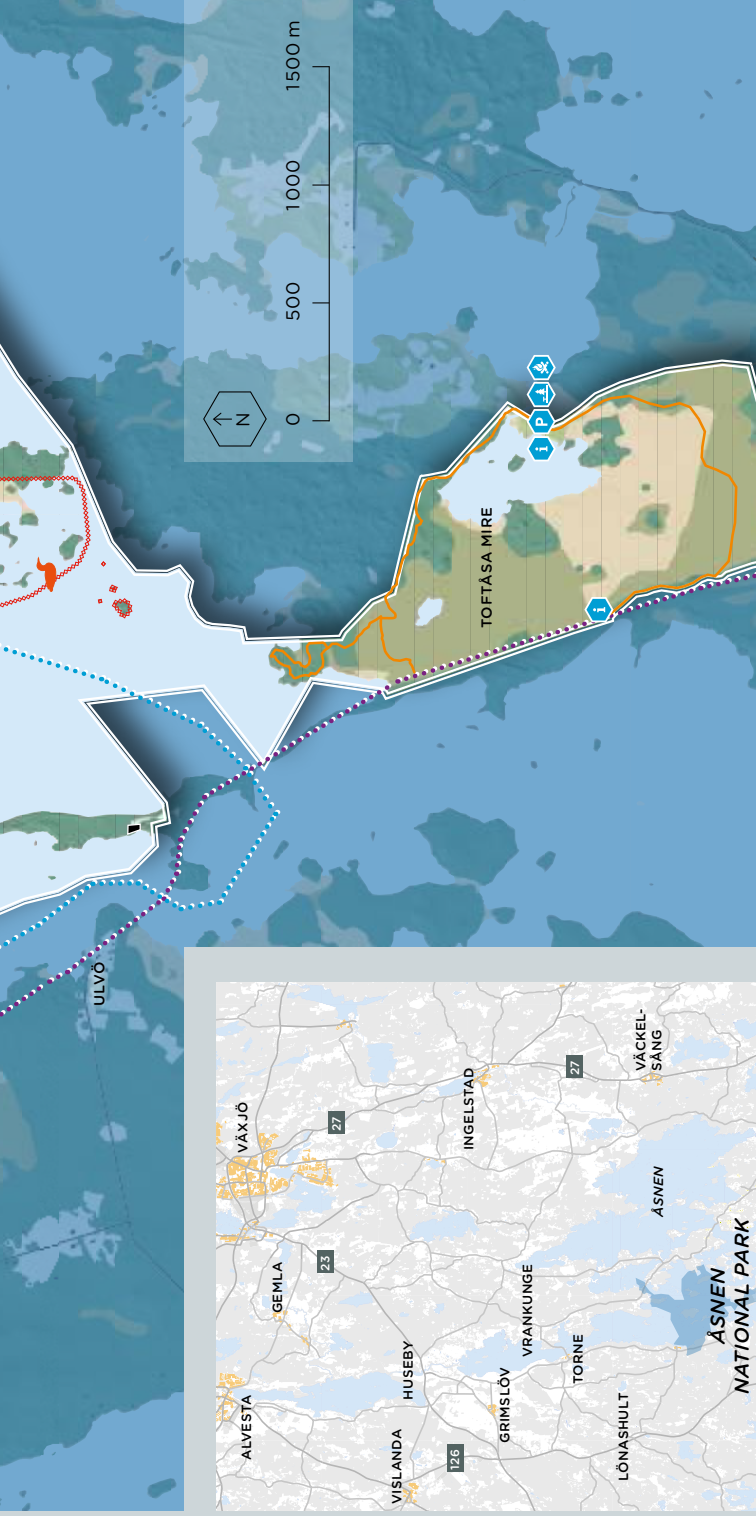


ULVÖAS

LÖVÖARNA

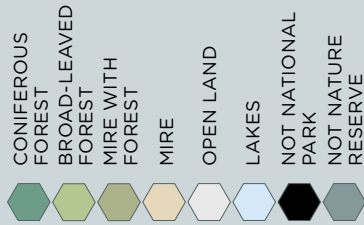
NORRA ASPÖ

SÖDRA ASPÖ





KEY TO SYMBOLS



CONTACT

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Åsnen supervision

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GETTING THERE

The main entrance is reached via road 23 (turn south at Huseby Bruk) or via road 120 (turn north in Urshult). The Trollberget Entrance is reached via road 126 (turn east at Lönashult).



REGULATIONS

Special rules apply within the national park. Complete regulations concerning the right to visit and travel in the national park can be found at www.sverigesnationalparker.se/asnen.

- You may not harm or take living or dead plants, moss, lichen or trees. However, you may pick berries and edible mushrooms, apart from on the peninsula Bjurkärr where it is not permitted.
- Overnighting is permitted, in tents/shelters, only at at the Utsikten campground (for no more than one night), between the hours of 6 pm to 10 am (see map).
- You may only build a fire in assigned locations with your own wood or wood that has been provided. Portable stoves may be used in the entire area.
- You may only drive motorized vehicles on public roads. One exception is an electric wheelchair or similar aids. Camper vans and trailers may not be parked in the parking spaces between 00.00 and 05.00.
- Special rules apply on the lake: The regulation for motor boats is 20 knots along the recommended tracks and 5 knots outside the recommended tracks. Houseboats and jet skis or similar vessels are not permitted.
- You may not take off or land with an aircraft, drone or anything similar.
- You may only ride a horse on public roads. You may ride a bike – but be considerate to other visitors and nature.
- Your dog must be on a leash. This also applies to other pets.
- You may not be in areas where access is prohibited (bird sanctuary) between 1 April - 31 July (see map).
- You may fish if you have purchased a fishing license.



BIRDLIFE

Åsnen has a rich bird life, both in terms of breeding, resting and wintering birds.

The lake with adjacent wetlands and farmlands offers a wide abundance of food. There are also many suitable breeding habitats: sheltered bays and reed beds, islands and islets, rough and hollow nesting trees.



EXPERIENCE THE PARK

Take a hike on the hiking trails in the woods. Bike along the lake on the cycle path. Paddle alongside the beach and experience the beach marshlands.

Experience the entire national park – one day on land and one day on the lake. There are facilities nearby that offer overnight accommodations and boats/canoes for rent. There is also the possibility to stay overnight for one night in the national park in a shelter/tent at the small Utsikten campground (not bookable).

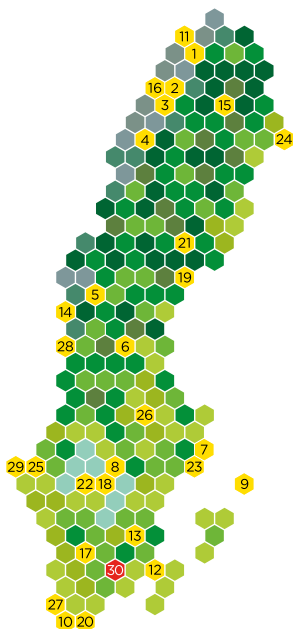
Sunnabron Entrance: Hiking paths that lead to Bjurkärr and to the Hunshult Nature Reserve. The accessibility for disabled is good on several of these trails (coloured yellow on the map).

Trollberget Entrance: Hiking paths in nature that are less accessible. At the entrance and on the bike trail along the lake, accessibility is good.

Other hiking paths: Paths in less accessible nature can be found in the northern and southern part of the Toftåsa mire and the southern part of the Bergön island.



NATIONAL PARKS OF SWEDEN



1. **ABISKO** An easily accessible mountain valley with unusually rich flora.
2. **STORA SJÖFALLET / STUOR MUORKKE** Impressive peaks, glaciers and ancient pine woodlands.
3. **SAREK** Magnificent, demanding wilderness in a unique mountainous landscape.
4. **PIELJEKAISE** Expansive, pristine woodlands of mountain birch.
5. **SONFJÄLLET** A low mountain with natural woodland and plenty of bears.
6. **HAMRA** A rare complex of natural woodland, wetland and watercourses.
7. **ÄNGSÖ** Genuine agricultural landscape with grazing animals and haymaking.
8. **GARPHYTTAN** This old agricultural landscape is a sanctuary for many songbirds.
9. **GOTSKA SANDÖN** Unique, beautiful island with miles of sandy beaches.
10. **DALBY SÖDERSKOG** Leafy woodland on the plains of Skåne.
11. **VADVETJÄKKA** Sweden's northernmost national park is a mountain with deep caves.

12. **BLÅ JUNGFRUN** An island of legends, with smooth rocks, deciduous trees and beautiful views.
13. **NORRA KVILL** One of the few old growth type woodlands in southern Sweden.
14. **TÖFSINGDALEN** Valley with ancient pine woodlands, rich in boulders and rushing waters.
15. **MUDDUS / MUTTOS** The land of vast wetlands and old growth woodlands.
16. **PADJELANTA / BADJELÄNNDA** Rolling mountain heaths and big lakes, far from the nearest road.
17. **STORE MOSSE** The largest wetland area in Sweden south of Lapland.
18. **TIVEDEN** A wooded landscape with a sense of wilderness.
19. **SKULESKOGEN** Coast with magnificent views and the world's highest isostatic lift.
20. **STENSHUVUD** Coastal hills, broadleaved woodlands, inviting heathlands and beaches.
21. **BJÖRNLANDET** Mountains, cliffs and woodlands with traces of old woodland fires.
22. **DJURÖ** Archipelago in western Europe's biggest inland sea.
23. **TYRESTA** Pristine woodland just south of Stockholm.
24. **HAPARANDA SKÄRGÅRD** Archipelago with sandy beaches and shallow waters.
25. **TRESTICKLAN** Roadless wilderness with expansive views from pine-covered ridges.
26. **FÄRNEBOFJÄRDEN** A mosaic of broadleaved woodlands and water in Nedre Dalälven.
27. **SÖDERÅSEN** Deciduous woodland, scree slopes, running water and a rich flora and fauna.
28. **FULUFJÄLLET** By Sweden's highest waterfall, old growth woodland meets mountainside that is white with lichen.
29. **KOSTERHAVET** Species-rich area of sea and archipelago with Sweden's only coral reef.
30. **ÅSNEN** Archipelago with hundreds of islands and old beech- and pineforests.

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www.naturvardsverket.se
Responsible for Sweden's
national parks.

