

Mellannäsudden

Entrance
Ösjönäs

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## SHORT AND EASY TRAIL

This is the easiest trail in the National Park. It takes you out on the Mellannäs headland, a rolling esker with clearly visible remains of charcoal and tar production.

Following this trail you will walk between the Stora Trehörningen and Lilla Trehörningen lakes. There are no rocks marked by the retreating ice sheet here, but another Ice Age feature – an esker. The meltwater that flowed through cracks in the ice deposited pebbles, gravel and sand in these long, narrow ridges. There are some clear remains of the many charcoal stacks left over from the era of local foundries and factories that depended on large quantities of charcoal. Along a slope by the path are long ditches used in the production of tar. Tar was for long periods one of our most important commodities. It was used for weather-proofing anything from roofs and boats to ropes and shoes.

## SAFETY AND REGULATIONS

Please keep in mind that freedom to roam is limited within the National Park. Special regulations apply.

## You may:

- light a fire or barbecue only in designated areas (including outdoor kitchens and heating equipments)
- drive a motorized vehicle only on roads
- park your vehicle only in designated parking areas, but caravans, mobile homes etc. is not permitted between 00.00-06.00
- bring your dog, but you must keep it on a leash
- pitch a tent in designated areas for one night (6 pm to 10 am)
- ride a bike, but only on roads and trails designated for bikes
- ride a horse, but only on roads and designated bridle paths
   pick berries and edible mushrooms, but no other plant life
- not disturb animal life
- not fish
- not damage living or dead trees and bushes
- not drive a boat, jet ski or other motorized vehicle

You will find the complete regulations at: www.sverigesnationalparker.se/tiveden





The terrain along this trail differs from the rest of the National Park. It passes though softly undulating coniferous forest and the occasional bog.

Tar-making was an important source of income in this area from the 17th century and well into the 19th century. The tar was made from resinous pine-wood that was slowly fired in ditches that could be up to ten metres long and one metre wide.





There are visible remains of charcoal stacks in the form of low mounds surrounded by a ditch.

## CONTACT

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